

VII BADMINTON SUMMER CAMP

22 to 26 July 2024

CALDAS DA RAINHA | PORTUGAL



The Portuguese Badminton Federation will hold the VII Badminton Summer Camp 2024, a project that combines badminton with fun activities and we look forward to welcoming you.



The VII Badminton Summer Camp 2024, will take place at the Badminton High Performance Sports Centre in Caldas da Rainha - Portugal, and combines bi-daily practice sessions with outdoor leisure activities for players born between 2009 and 2001 who practice at least 5 hours a week and regularly compete in national competitions. Training will be guided by a team of experienced coaches, the Portuguese coaches Diogo Silva and Fernando Silva and this year with a new invited guest coach Judith Meulendijks (NED).



Judith Meulendijks

INVITED COACH

Judith Meulendijks is a dutch former player that stated playing badminton in her home town and won in 1994 Dutch Junior Championships in the girls' doubles with Antoinette Achterberg, and in 1995 in the mixed doubles with Dicky Palyama. In 1996 she joined the national team and at the same year won the national women's singles title. She won the Dutch National Badminton Championships three times in the Women's singles category (1996, 2008 & 2012) and the Women's doubles two times (2006 & 2007) with Brenda Beenhakker. In 2007, she won the gold medal at the European Junior Championships in the girls' singles event. In 2000, she competed at the Sydney Olympics in women's singles and was beaten in round of 32 by Ye Zhaoying, of China, 11-3, 9-11, 11-7. Judith Meulendijks was a part of the Dutch team who won the 2002 bronze and 2006 silver at the Uber Cup.

She ended her international singles career reaching the finals at her home in the Dutch Open event in 2012 where she lost to Czech player Kristina Gavnholt.

Judith Meulendijks played for many clubs in the Netherlands (BC Phoenix, BC Geldrop, Pellicaan Tilburg, BC Nuenen, BCO Bali & BC Duinwijck), Germany (FC Langenfeld & Bayer Uerdingen with which she won the German Bundesliga title in 2002 & 2003) and Denmark (Team Aarhus & Vendsyssel). She was Assistant National Coach for the Senior National Team in Switzerland from 2014 to 2019. From Switzerland she went to Denmark to become one of the coaches of BEC Centre of Excellence until July 2020. Currently she's Slovak National Head Coach and responsible for the U17, U19 and Senior National Teams.

DATES & PRICES

Applications until June 21st ([application form](#))

Payment until June 28th

Summer Camp from July 22nd to July 26th 2024

250€ for players*¹

300€ for coaches*

*Accommodation at Hotel Cristal*** (Bed and Breakfast in double/triple room), lunch, dinner and snacks in the Venue Restaurant, practice sessions, shuttlecocks, transport to/from hotel/venue, fun activities and insurance included. Transfer from/to the airport has an additional cost of €40.

For extra nights and/or meals contact us events@fpbadminton.pt

(1) 10% discount for siblings or high-performance athletes (IPDJ)

VENUE

Badminton High Performance Sports Centre

Av. Vasco da Gama nº1

2500-282 Caldas da Rainha, Portugal

High Performance Sports Center fully dedicated to Badminton with the best materials and equipment (two halls: 9 + 2 fields), men's and women's changing rooms, 2 auditoriums, gym, restaurant, etc.)

ACCOMMODATION

Hotel Cristal ***

R. António Sérgio 31

2500-130 Caldas da Rainha

IMPORTANT INFORMATION

- [Application form](#) must be completed by June 21st.
- On June 24th 2024 we will send updated information.
- Payment by bank transfer until June 28th 2024. Proof of payment must be sent by email to geral@fpbadminton.pt
- After June 28th, 2024, the participant fee must be paid in full, even in case of late cancellation. However, and exceptionally, if the participant needs to cancel between the 24th and the 28th of June, a booking fee of €50 per person will be charged (preparation expenses, administration, staff, etc.). For cancellation without penalty, please email us until June 23rd.
- If necessary, we can arrange transport to/from Lisbon Airport, as well as extra accommodation and/or meals for an additional fee (Contact FPB Services).
- July 22nd : Reception of all players and coaches from 9:00 am at the Badminton High Performance Sports Center in Caldas da Rainha.
- Players are responsible for bringing their own bottle for water for refill.

- Players are responsible for bringing their own rackets, tennis shoes and sports clothes suitable for training (bi-daily), beach/pool, bath/beach towel, personal hygiene products, etc.
- Only clean tennis courts are allowed on the court.
- Program may be subject to change.
- Limited number of entries.
- Accommodation, meals, practice, shuttlecocks, transport to / from the venue to the hotel, fun activities and insurance included.
- July 26th: the VII Badminton Summer Camp will end at 2 pm and from that time the players will be able to return home.

PAYMENT

Payment must be made by bank transfer and until June 28:

Name: Federação Portuguesa de Badminton

Bank: Crédito Agrícola

Address: Caldas da Rainha, Portugal

IBAN: PT50 0045 5130 4023 1294 3175 2

SWIFT CODE: CCCMPTPL

DAILY SCHEDULE*

Schedule - VII Summer Camp (22/07 - 26/07 2024)				
MONDAY 22/07/2024	TUESDAY 23/07/2024	WEDNESDAY 24/07/2024	THURSDAY 25/07/2024	FRIDAY 26/07/2024
08h45 - Transport Headquarters - Venue	8h00 - 8h45 Breakfast 9h00 Transport Hotel - Venue	8h00 - 8h45 Breakfast 9h00 Transport Hotel - Venue	8h00 - 8h45 Breakfast 9h00 Transport Hotel - Venue	8h00 - 8h45 Breakfast 9h00 Transport Hotel - Venue
09h00 Welcome!!	9h30 - 11h30 Practice 3	9h30 - 11h30 Practice 5	9h30 - 11h30 Practice 7	9h30 - 11h30 Practice 9
9h30 - 11h30 Practice 1				
12h00 - 13h00 Lunch	12h00 - 13h00 Lunch	12h00 - 13h00 Lunch	12h00 - 13h00 Lunch	12h00 - 13h00 Lunch
14h15 - 15h15 Breaking the ice	14h00 - 16h00 Workshop	14h00 - 16h00 Multi Sports	14h30 - 18h30 Beach & Fun Games	Goodbye :)
16h30 - 18h30 Practice 2	16h30 - 18h30 Practice 4	16h30 - 18h30 Practice 6		
19h30 - 20h30 Dinner	19h00 - 20h00 Dinner	19h00 - 20h00 Dinner	19h00 - 20h00 Dinner	
20h30 Transport	20h15 Transport	20h00 - 22h00 Bowling	20h30 - 21h30 Practice 8	
21h00 Check in	20h30 - 22h30 S. Martinho Sightseeing Tour			
23h00 Good night!!	22h30 Transport - Hotel	22h00 Transport - Hotel	22h00 Transport - Hotel	
	23h00 Good night!!	23h00 Good night!!	23h00 Good night!!	

* program may be subject to change

CONTACTS

Federação Portuguesa Badminton

Rua Júlio César Machado nº80

2500-225 Caldas da Rainha | Portugal

(+351) 262 839 020

geral@fpbadminton.pt

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SEE YOU SOON!