# VI BADMINTON SUMMER CAMP 28 august to 1 september 2023 CALDAS DA RAINHA | PORTUGAL



The Portuguese Badminton Federation will hold the VI Badminton Summer Camp 2023, a project that combines badminton with fun activities and we look forward to welcoming you.



The VI Badminton Summer Camp 2023, will take place at the Badminton High Performance Sports Centre in Caldas da Rainha - Portugal, and combines bi-daily practice sessions with outdoor leisure activities for players born between 2008 and 2000 who practice at least 5 hours a week and regularly compete in national competitions. Training will be guided by a team of experienced coaches, the Portuguese coaches Diogo Silva and Fernando Silva and this year with a new invited guest coach Judith Meulendijks (NED).



Judith Meulendijks

# **INVITED COACH**

Judith Meulendijks is a dutch former player that stated playing badminton in her home town and won in 1994 Dutch Junior Championships in the girls' doubles with Antoinette Achterberg, and in 1995 in the mixed doubles with Dicky Palyama. In 1996 she joined the national team and at the same year won the national women's singles title.

She won the Dutch National Badminton Championships three times in the Women's singles category (1996, 2008 & 2012) and the Women's doubles two times (2006 & 2007) with Brenda Beenhakker. In 2007, she won the gold medal at the European Junior Championships in the girls' singles event. In 2000, she competed at the Sydney Olympics in women's

In 2000, she competed at the Sydney Olympics in women's singles and was beaten in round of 32 by Ye Zhaoying, of China, 11-3, 9-11, 11-7. Judith Meulendijks was a part of the Dutch team who won the 2002 bronze and 2006 silver at the Uber Cup.

She ended her international singles career reaching the finals at her home in the Dutch Open event in 2012 were she lost to Czech player Kristina Gavnholt.

Judith Meulendijks played for many clubs in the Netherlands (BC Phoenix, BC Geldrop, Pellikaan Tilburg, BC Nuenen, BCO Bali & BC Duinwijck), Germany (FC Langenfeld & Bayer Uerdingen with which she won the German Bundesliga title in 2002 & 2003) and Denmark (Team Aarhus & Vendsyssel). She was Assistant National Coach for the Senior National Team in Switzerland from 2014 to 2019. From Switzerland she went to Denmark to became one of the coaches of BEC Centre of Excellence until July 2020. Currently she's Slovak National Head Coach and responsible for the U17, U19 and Senior National Teams.

#### **DATES & PRICES**

Applications until 16 july Payment until 23 july Summer Camp from 28 august to 1 september

230€ for players\*1 280€ for coaches\*

\*Accommodation at Hotel Europa\*\*\* (Bed and Breakfast in double/triple room), lunch, dinner and snacks in the Venue Restaurant, practice sessions, shuttlecocks, transport to/from hotel/venue, fun activities and insurance included. Transfer from/to the airport has an additional cost of €40.

For extra nights and/or meals contact us events@fpbadminton.pt

(1) 10% discount for siblings

#### **VENUE**

Badminton High Performance Sports Centre Av. Vasco da Gama nº1 2500-282 Caldas da Rainha, Portugal

High Performance Sports Center fully dedicated to Badminton with the best materials and equipment (two halls: 9 + 2 fields), men's and women's changing rooms, 2 auditoriums, gym, restaurant, etc.)

#### ACCOMMODATION

Hotel Europeia \*\*\*
R. Alm. Cândido Reis 64
2500-125 Caldas da Rainha

#### IMPORTANT INFORMATION

- Application form must be completed by July 16<sup>th</sup>.
- On July 17th we will send updated information.
- Payment by bank transfer until July 23rd. Proof of payment must be sent by email to geral@fpbadminton.pt
- After July 23, 2023, the participant fee must be paid in full, even in case of late cancellation. However, and exceptionally, if the participant needs to cancel between the 17th and the 23rd of July, a booking fee of €30 per person will be charged (preparation expenses, administration, staff, etc.). For cancellation without penalty, please email us until July 16th.
- If necessary, we can arrange transport to/from Lisbon Airport, as well as extra accommodation and/or meals for an additional fee (Contact FPB Services).
- August 28th: Reception of all players and coaches from 8:30 am at the
- Badminton High Performance Sports Center in Caldas da Rainha.
- Players are responsible for bringing their own bottle for water.

- Players are responsible for bringing their own rackets, tennis shoes and sports clothes suitable for training (bi-daily), beach/pool, bath/beach towel, personal hygiene products, etc.
- Only clean tennis courts are allowed on the court.
- Program may be subject to change.
- Limited number of entries.
- Accommodation, meals, practice, shuttlecocks, transport to / from the venue to the hotel, fun activities and insurance included.
- September 1st: the VI Badminton Summer Camp will end at 2 pm and from that time the players will be able to return home.

#### **PAYMENT**

Payment must be made by bank transfer and until July 23:

Name: Federação Portuguesa de Badminton

Bank: Crédito Agrícola

Address: Caldas da Rainha, Portugal IBAN: PT50 0045 5130 4023 1294 3175 2

SWIFT CODE: CCCMPTP

#### **DAILY SCHEDULE\***

V Badminton Summer Camp - 28 august to 1 september 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
28 august	29 august	30 august	31 august	1 september
	08h00 – 08h50	08h00 – 08h50	08h00 – 08h50	08h00 – 08h50
	Breakfast	Breakfast	Breakfast	Breakfast
08h30	09h00	09h00	09h00	09h00
Welcome!	Transport	Transport	Transport	Transport
09h30 - 11h30	09h30 – 11h30	09h30 – 11h30	09h30 – 11h30	09h30 - 11h30
Practice	Practice	Practice	Practice	Practice
12h00 – 13h00	12h00 – 13h00	12h00 – 13h00	12h00 – 13h00	12h00 – 13h00
Lunch	Lunch	Lunch	Lunch	Lunch
13h10	13h10	13h10	13h10	Coodbyol
Transport	Transport	Transport	Transport	Goodbye!
13h30-16h00	13h30-16h00	13h30-16h00	13h30-16h00	
Fun activities	Fun activities	Fun activities	Fun activities	
16h00	16h00	16h00	16h00	
Transport /Snacks	Transport /Snacks	Transport /Snacks	Transport /Snacks	
17h00 – 19h00	17h00 – 19h00	17h00 – 19h00	17h00 – 19h00	
Practice	Practice	Practice	Practice	
19h30 - 20h30	19h30 - 20h30	19h30 - 20h30	19h30 - 20h30	
Dinner	Dinner	Dinner	Dinner	
20h30	20h30	20h30	20h30	
Transport	Transport	Transport	Transport	
21h00 - 23h00	21h00 - 23h00	21h00 - 23h00	21h00 - 23h00	
Fun activities	Fun activities	Fun activities	Fun activities	
23h00	23h00	23h00	23h00	
Transport	Transport	Transport	Transport	
23h30	23h30	23h30	23h30	
Good night!	Good night!	Good night!	Good night!	

<sup>\*</sup> program may be subject to change

### **CONTACTS**

# Federação Portuguesa Badminton

Rua Júlio César Machado nº80 2500-225 Caldas da Rainha | Portugal (+351) 262 839 020 geral@fpbadminton.pt

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